

# A NEW LIFE BY THE SEA

CG, BC Residents &

**McCARTHY STONE**

*Life, well lived*



**OCTOBER 2022**

**Issue 18**

Autumn has arrived with chillier mornings and leaves changing colour but we have had some fantastic weather and plenty of breeze for the Filey Kite Festival 2 weeks ago.

## FILEY IN BLOOM



At the Filey in Bloom presentation evening on 21 September 2022 Brigg Court and Chantry Gardens achieved a GOLD AWARD in the Best Kept Gardens Competition 2022 Community Gardens category. Great work done by the original landscapers and Gary for keeping them well maintained this year.

Mary Kenworthy (Bungalow 3) also received a GOLD AWARD in the large gardens category. Not exactly a large garden but exceeded the 60 sq. m limit. Jane is thinking of entering the allotment in next year.

Pete Mellors accepting the award from Mayor Jacqui Houlden-Banks.

A discretionary award was given to the Scarborough Council Workman who maintains the Crescent Gardens and other gardens with his team. We see excellent displays of colour in the summer and winter planting. Filey in Bloom group and Friends of Filey Parks contribute by weeding and tidying. Friends of Filey Parks need more members for weeding, pruning, dead-heading - nothing too arduous. Ring Catherine on 01723 516602 if you would like to volunteer the odd hour of your time.

## Aime pendants

This is an emergency button (all Homeowners are issued with on moving in) it can be worn either on the wrist or on a lanyard around the neck. They are particularly useful for those living alone who are concerned with what might happen if they fall, but they can be used for any health emergency.

When the Aime Pendant is pressed the red light on it shines, showing the pendant is activated. The speech Module in the Hallway will then 'beep', and a Tunstall Operator will answer within a few seconds, asking if help is required. The Tunstall Operator knows that it is the personal trigger (as they call it) that has been pressed so they know that it is a health emergency they are responding to. So, if they cannot speak to anyone, they will call an Ambulance just to be sure. The microphone is good enough to be heard from most rooms in your property and so by calling out "I have fallen and need help" the Operator has enough information to know the nature of the assistance you need. Don't worry if you activate the Amie pendant by mistake, you can explain to the Tunstall Operator that you are fine when they answer the call, and they will close the call down.

In Brigg Court the house manager is responsible for testing these Pendants every 3 months as part of the Tunstall system checks, but not required to do this in Chantry Gardens. Chantry Gardens Homeowners need to test their pendants in the Hallway near the Tunstall speech module and make sure it's working every quarter.

## Useful contacts

### TV aerial and satellite Specialists – Lee

Adams 0780 4469734  
[lee@ldainstallations.com](mailto:lee@ldainstallations.com)  
[www.ldainstallations.com](http://www.ldainstallations.com)

### Handyman Wayne (WB Services)

has done a lot of work in apartments and bungalows 07774 913191

[wbservices2018@gmail.com](mailto:wbservices2018@gmail.com)

### Electrician Exley/Smith

Tel: 07540 182893

### Lazer Radio Taxis Filey 01723 515515 Scarborough 01723 333333

Also have a 10 seater mini bus

### Carpet Cleaning -

Simon and the firm is Carpet Magic. His contact numbers are 01723 563307 and 07795233752.

### Jamie Daniel

Gas Registered Engineer. 07825 630787

### Trouble with your feet?

Helen The Foot Lady  
07736 126726

### Physiotherapist

Brian Jamieson  
Ramshill Road  
Physiotherapy  
open 24 hours  
01723 503133  
07900 508658

### Dial a Ride

Small bus, Tel 01723 354434 See website for area covered and prices.  
<http://www.scarboroughdialaride.org>

\* John Reminds you that the next Boys night out is at the PIEBALD INN, HUNMANBY Home of the "World Famous pie perfection". John will round you 'boys' up shortly.

\* **Recommencing - Knit and Natter with Ruth** Fortnightly from **3 October at 2.30pm** Ruth will help anyone with knitting, crochet and embroidery.

\* **Monday 3 October 7pm** Bingo with Sue

\* **Thursday 6 October 2pm** Beetle Drive

\* **Tuesday 25 October September 7pm** Quiz night with Bill. Quiz nights are very popular so if anyone wishes to organise one Bill says carry on. Bill's other Quiz nights are 22 November and 20 December

\* Joy's last Croissant event was on 25<sup>th</sup> September. Thank you Joy for all your time and energy you put into these events. Should others wish to organise a similar event please carry on.

RESIDENTS LOUNGE EVENTS		
Monday	11.00am	Coffee
Monday <b>Fortnightly</b>	2.30pm	Knit and Natter with Ruth 3 <sup>rd</sup> & 17 <sup>th</sup>
Tuesday	11.00am	Coffee
Tuesday	2pm-4pm	Mah Jong
<b>Wednesday</b>	<b>10.00am</b>	<b>Armchair Keep Fit (approx. 25 Minutes)</b>
Wednesday	11.00am	Coffee
<b>Thursday</b>	<b>11.00am</b>	<b>Coffee: House Manager Drop In</b>
Thursday	7.00pm	Film Night: Details on Notice Board
<b>Friday Techo Drop in</b>	<b>2pm – 3pm</b>	<b>John helps with computer, phone or tablet.</b>
<b>Saturday is Strictly Night</b>	<b>7pm</b>	<b>Bring drinks and nibbles</b>
Sunday	11.00am	Coffee

### \*\*\*\*\*The Strictly Club\*\*\*\*\*

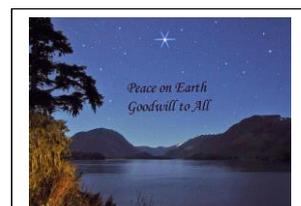
**Strictly Come Dancing** finally burst back onto our screens. The brand new 20th series of the BBC dance contest bringing glitter, glamour and glorious dancing to Brigg Court Community Lounge!

**Joy and Margaret (C) are running a sweepstake £1 per couple, so come and join us at 7pm every Saturday night.** Bring wine and nibbles (Beer for the Men) to share while watching the spectacular dancers!

**New \*\* Dominoes** – A domino league will commence in October when the necessary equipment has arrived.

**FILEY U3A The 5's and 3's domino group requires some more members.** If you wish to join, or even learn to play, contact Sue Cammish 01723 514036 or [suecammish57@gmail.com](mailto:suecammish57@gmail.com)

**CHRISTMAS CARDS** A suggestion – instead of everyone sending cards residents can purchase a little message box on the December newsletter to send a Christmas greeting for £5 with proceeds going to RNLI or Keep Filey Tidy.



Merry Christmas and a  
Happy and Healthy 2023

From xxxx xxxxxxxxxxxx

Happy Christmas  
from xx xxxxxxxxxxxx



## Guy's Nature Report

### Hummingbird Hawk Moth



### Sparrowhawk



### September: Wildlife around Filey.

Autumn is a great time of the year for seeing wildlife in our area. When we moved here I had no idea how fantastic a location Filey was for nature. With the Cleveland way, the Brigg and Filey Bay, the Dams nature reserve, also nearby are Hunmanby Gap, Flamborough and the RSPB site at Bempton all within a few minutes walk or drive. This whole area is directly in the path of many migratory birds. Marine life is also significant with Bottle Nosed Dolphins, Porpoise and Minke whales making regular appearances. Michael (No.15 Brigg Court) saw two White Beaked Dolphins at the end of August. I saw six Bottle Nosed Dolphins off the Brigg heading towards Scarborough on the 4<sup>th</sup> September. A pair of Porpoise were in the Bay and off the Brigg in August. I haven't seen whales since autumn last year but I'm sure they are about.

Michael also reports seeing a Merlin over the cliffs round the Bay. Kestrels are a regular sight over the flood scheme and the Brigg. Colleagues in the local bird watching group report the sightings of Merlin, Sparrowhawk, Hobby and Peregrine falcons as well as Buzzard, Tawney, Barn and Little Owl. I have spotted and sometimes spent several minutes studying the following species during September:

Dunlin, Sanderling, Greenshank, Snipe, Teal, Gadwall, Wigeon, Shoveller duck, Lapwing, Green Sandpiper, Heron, Common Sandpiper, Black Tailed Godwit, Ruff, Avocet, Curlew, Whimbrel, Knot, Curlew Sandpiper, Pied, grey and yellow Wagtail, Turnstone, Redshank, Wheatear, Rock Pipit, Red Throated Diver, Great Northern Diver, Ringed Plover, Little Ringed Plover, Greenfinch, Redstart, Little Stint, Temminck's Stint and Red Backed Shrike.

On 19<sup>th</sup> September an unusual hybrid was pointed out to me, it is assumed to be a cross between an Australian Shelduck and one of our local Shelducks. Mary (K) and Jane told me that while they were out litter picking on 20<sup>th</sup> September they encountered a flock of Goldfinch numbering more than 100! Last week Jane encountered a young weasel in our garden. We also have a grey squirrel that visits regularly.

There is still much of autumn to enjoy and I look forward to adding more species to the tally.

### SPIDERS

Spiders love to come indoors now temperatures are cooling down. I don't know who got the biggest shock at 2am in the morning me or the gigantic spider. We were both heading for the en suite at the same time. Being dazzled by the light it was easy to catch and relocate it outdoors. The second one was more like Hussain Bolt diving under anything it could find. I won though, another glass and paper relocation. Daddy Long Legs are also at their best at this time of year, loads of them. (Mary K)

The sparrowhawk above appears to like visiting No. 12 Bungalow, a good-looking bird, totally ruthless when tearing its prey into pieces.

## WHO DO YOU THINK YOU ARE

This month we have Our Quiz Master Bill Mann doing the honours. Thanks Bill

### 1. Name, Age, Place of Birth

Bill Man, 77, Long Eaton Derbyshire

### 2. What is your proudest accomplishment?

Receiving a Long Service Award

### 3. If you could live anywhere, where would it be?

Filey-on- Sea

### 4. What makes you laugh the most?

The Goons

### 5. What would you sing at Karaoke night?

A Hard Day's Night

### 6. Who would you want to be stranded with on a deserted island?

Bear Grylls (Sandra as the Cook)

### 7. If you could go back in time, what year would you travel to?

2017 South Africa

### 8. What's the most daring thing you've ever done?

Aerobatics in a Glider

### 9. What do you do to keep fit?

Walk as much as possible

### 10. Are you related or distantly related to anyone famous?

Don't think so, but maybe a "Black Sheep"

### 11. What is your favourite book to read?

Chariots of the Gods

### 12. What is the most unusual thing you've ever eaten?

Scabbard fish with Fried Banana

### Bill's September Quiz

Won by the Filey 5. Team member Molly collected the trophy on behalf of the team Mike, Ken, Barbara and Geoff.

After lots of wins the Quizzzy Rascals have been toppled, only 2 points though.

The monthly quiz has been very popular and everyone invited to play. The only rules maximum of 6 in your team and only brain power.



### McCarthy Stone Contact details

Brigg Court and Chantry Gardens House Manager Peter Mellors Tel. 01723 516062  
Monday to Thursday 8.30am to 3.30pm  
Friday 9am to 11am.

Email Brigg Court residents - [BriggCourt.HouseManager@mccarthyandstone.co.uk](mailto:BriggCourt.HouseManager@mccarthyandstone.co.uk)  
Email Chantry Garden residents - [chantry.gardens@mccarthyandstone.co.uk](mailto:chantry.gardens@mccarthyandstone.co.uk)  
Out of hours press your Tunstall Button

Newsletter – compiled by Mary Kenworthy, John & Margaret Clarke.

Website maintained by John Clarke. <https://www.chantrygardens.org.uk>

John at [johncl.clarke@btinternet.com](mailto:johncl.clarke@btinternet.com) Bungalow 14 or Mary at [Bungalow 3 mkptkenworthy@gmail.com](mailto:Bungalow3mkptkenworthy@gmail.com)

If you do not wish to receive a newsletter please let us know. If you have something interesting to share please let us know.